**JCSH Management Committee and JCSH School Health Coordinators’ Committee**

**Joint Meeting February 8 2022**

**Key Takeaways**

**Management Committee Co-Chairs: John Cummings (PE), Jillian Code (SK)**

**SHCC Co-Chairs: Sterling Carruthers (PE), Cassandra Sullivan (BC)**

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| **Participants:** | **Jurisdiction** |
| Cassandra Sullivan (H) | BC |
| Pat Martz (H/E) | AB |
| Jillian Code (H) / Kevin Kleisinger (E) Anna Grumbly (E) / Helen Flengeris (H) | SK |
| Laura Dale (H) | MB |
| Danielle Maheu (E)  Gianoula Korinis, Stace Lum-Yip, Chris Cully (E) / Emily St. Aubin (H) / Kathleen MacLellan (H) | ON |
| Jeff Leblanc (E) | NB |
| Steve Machat (E) / Amy MacDonald (H) James Shedden (PH) / Kari Barkhouse (E) | NS |
| John Cummings (E)  Sterling Carruthers (E) | PE |
| Peggy Orbasli (H) / Ellen Coady (E) | NL |
| Gabriela Goodman (H) | NU |
| Monique Hurley (E)  Mabel Wong (H) | NT |
|  | YT |
| Jennifer Anderson Deepika Sriram / Suzy Wong | PHAC |
| David Hull | CMEC |
| Susan Hornby / Craig Watson | JCSH Secretariat |

**Key Actions, Takeaways**

1. Introductions, Updates: Jurisdictional work in progress

The following initiatives were shared:

BC: School physical activity/literacy prototype – scale-up; implementation, evaluation of Indigenous components. Link: <https://schoolpapl.ca/>

​ EASE – Everyday Anxiety Strategies for Educators. Link: <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health/ease>

Community of Practice for regional health authority representatives: inventory of resources

AB: Stakeholder engagement of K-6 curriculum pilot; Child and youth wellbeing initiative. Link: <https://www.alberta.ca/child-and-youth-well-being-review.aspx>

ON: Anti-sex trafficking policy. Link: <https://www.ontario.ca/document/education-ontario-policy-and-program-direction/policyprogram-memorandum-166>

NB: Suicide awareness / prevention; Changes to Education Act –redefinitions of serious misconducts. Food security priority.

NS: Health Promoting Schools organizational structure, capacity. Healthy school food organizational initiatives-linking to pan-Canadian initiatives.

PE: Indigenous Education Advisory Committee: new Grade 7-8 curriculum with plan for province-wide implementation; work with local bands, and Mi’kmaq Confederacy of PEI.

NL: Evaluation of vaping work, cessation supports for youth; school food guidelines: professional learning, Healthy School Planner work; Centre for Distance Learning and Innovation open for self-paced learning; Social-emotional learning (SEL) document complete.

NT: Discussions underway to develop NWT-specific school food guidelines, address traditional foods in schools.

PHAC: Federal implementation on the UN Convention on the Rights of the Child – co-led by PHAC and Department of Justice; scheduled to appear in front of committee this year. A new Pride Guide. PHAC’s new youth grants: first of two phases launched Feb 4; next phase will include JCSH, youth consultation. Application guide is available to review.

CMEC: CMEC is updating its Strategic Plan, which is scheduled to be in effect by April 2023. Health wellness, wellbeing, and resilience all continue as priorities.

1. Follow up from MC Record of Decision December 7 2021

Breakfast Club of Canada (BCC) update: BCC had reached out with a new stream of funding; some additional schools have received funding. Jurisdictions with questions are advised to reach out to their BCC representatives.

1. Comprehensive School Health – Health-Promoting Schools

Follow-up from initial discussion last meeting.

Does / how does CSH differ from HPS language? How should JCSH reflect this language?

A Common Briefing Note provides background and an overview of the use of both in Canada and internationally.

Discussion points:

* HPS outlined in World Health Organization documents include a health services component. Would JCSH if the decision is made include health services?
* There may be implications for a jurisdiction if JCSH makes a change in term in its communications.
* The RFP on Canadian Standards and Indicators for Health Promoting Schools has been awarded: Drs. Paul Veugelers and Katerina Maximova. The contract deliverable is due to be complete in six months.
* Next steps
* Revisit discussion after the Canadian Standards and Indicators on Health Promoting Schools has been complete
* Complete scan of how each province and territory is framing the whole-child whole-school approach (CSH, HPS, another term) and what might be involved if JCSH makes a terminology change

1. Annual Work Plan 2021 – 2022 – update from Task Groups

*Evaluation Task Group – update*

April Baglole, research and corporate services advisor for PEI Department of Education and Lifelong Learning, is going to be assisting this task group on guidelines and a systematic approach for JCSH evaluation.

*Equity Task Group*

This group is going to use a gender and sexual diversity lens on child and youth mental-health and wellbeing to develop communications pieces for ministries, including Common Briefing Notes and Environmental Scans.

*HSP Task Group*

Phase 1 is underway with the beginning work on the Canadian Standards and Indicators for Health Promoting Schools.

The current Planner is encountering some problems with schools unable to log in recently. It has been repaired but it may need to be taken down until updated with the new tool.

*Research Council Task Group*

The Task Group is completing work on a Terms of Reference.

*Reconciliation Task Group*

The first task was to review the Request for Proposals – Wise Practices for Health-Promoting Schools in Canada – now disseminated. The group will next consider an Indigenous Module for the JCSH Positive Mental Health Toolkit or an Indigenous ways of wellness tool.

*Substance Use Resources Task Group*

The first-completed of 3 videos coming out of the contract with The Students Commission was played as an example of the deliverables. All will be available in English and French.

*Health Behaviour in School-aged Children Research Advisory Committee – update*

Data collection was planned for the current school year; in some jurisdictions, data collection will happen next year. The team is working with Nunavut on culturally-specific protocols. Queens may look to JCSH for recruitment and support in a couple of jurisdictions.

The HBSC Spotlight Series will hold the second webinar, on concussions, on March 1 from 1-2 pm Eastern time.

Virtual Symposium: PHAC is planning a symposium on social media use in youth for October or November 2022. The outcome will be to identify collaborative projects to advance promotion of healthy social media use and prevent negative impacts.

1. National School Food Policy Update

The federal mandate letters for [Minister Bibeau](https://pm.gc.ca/en/mandate-letters/2021/12/16/minister-agriculture-and-agri-food-mandate-letter), Agriculture and Agri-Food Canada and for [Minister Gould](https://pm.gc.ca/en/mandate-letters/2021/12/16/minister-families-children-and-social-development-mandate-letter), Families, Children and Social Development provides an opportunity for JCSH as the FPT table of Health and Education sector government collaboration.

This item will be maintained on agendas of upcoming JCSH meetings.

PHAC reached out to the two federal ministries to advise they are willing to assist and to facilitate dialogue with JCSH.

It will also be important to engage the Provincial-Territorial Group on Nutrition.

1. Breakout Session
2. The JCSH mandate is nearing the end of the 2nd year. How do you define success in JCSH? Work plan
3. Where do you want/need to see JCSH move in the next two years?
4. Success: Actions on the annual work plan; JCSH follows best practice, supports alliance of jurisdictional work; taking on new projects, staying in touch with audiences, including students (substance use work); ability to change tactics when needed (ex. Pandemic); collaboration between jurisdictions; number of people volunteering to participate on task groups, plus non-JCSH members; opportunities for input to ensure all voices heard; Request for Proposals to date; accomplishments while faced with constraints in past couple of years.
5. Evaluation work; monitoring to ensure work plan completion; stay current with tools; metrics of effectiveness to determine movement toward outcomes; interim results; how to improve engagement between sectors within jurisdictions; are there too many task groups.
6. JCSH Core Communications

Website update/refresh: <https://www.jcsh-cces.ca/home-page-2021/>

1. Next Meeting

A Doodle poll will be sent out for the next Management Committee meeting.

The next School Health Coordinators’ Committee meeting will be a presentations meeting, Tuesday March 8 2022.

JCSH-supported webinars and the SHCC presentation meetings may be shared widely within networks; all are welcome.

1. Adjournment